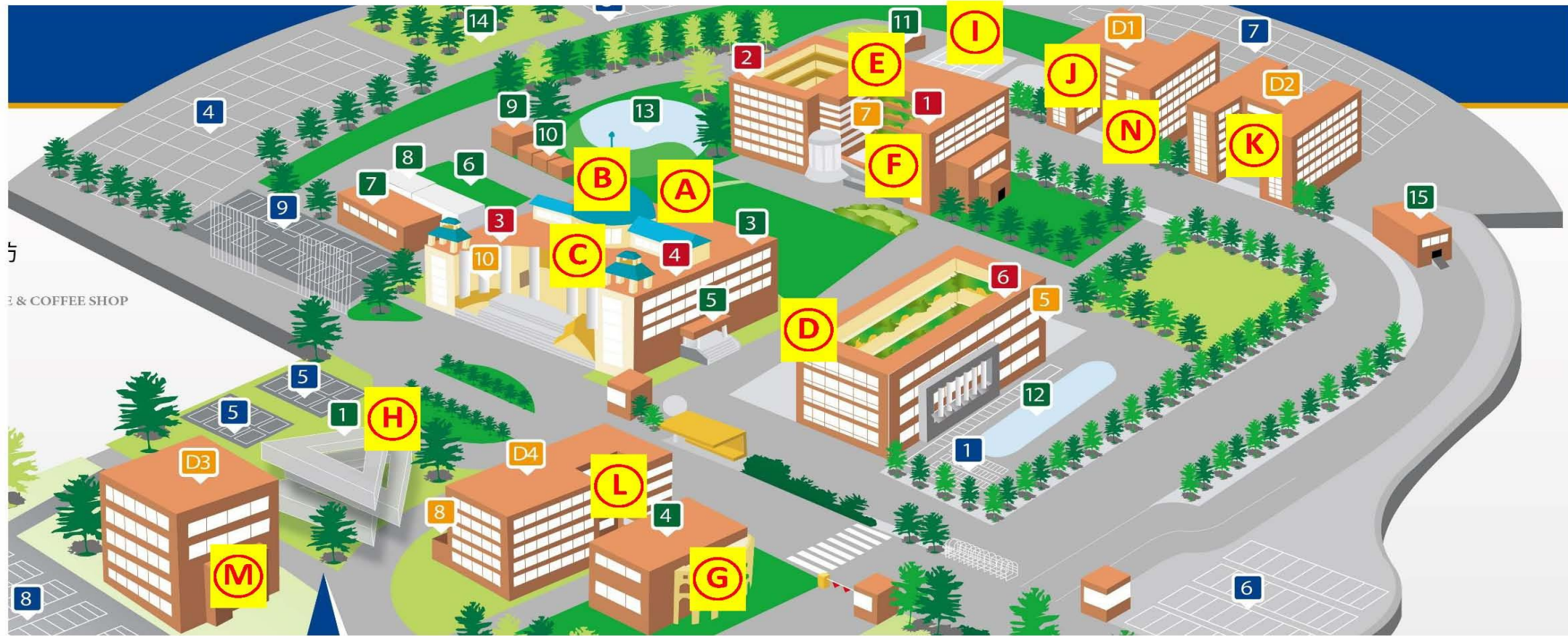




What You Should Know to Protect Yourself

Health Center, Office of Student Affairs,
Asia University 2020/02/28

Asia University Epidemic Prevention Station Map



- A:** International College (Station 1) **B:** Caves Books (Station 2) **C:** Library (Station 3)
D: College Of Management (Station 4) **E:** Sister Kitchen Brunch & Tea (Station 5) **F:** College Of Medical And Health Sciences Career Development And Guidance (Station 6) **G:** Gym (Station 7) **H:** Museum Of Modern Art (Station 8)
I: Teaching Space Of Veterinary Medicine (Station 9) **J:** Gratitude Hall (Station 10) **K:** Beatitude Hall (Station 11)
L: Dreaweaiver Hall (Station 12) **M:** Summit Hall (Station 13) **N:** Student Food Court (Station 14)

Three Musts Before Entering Buildings on Asia University Campus

1. Have you measured your body temperature? (Fever definition: Forehead ≥ 37.5 °C; Ear ≥ 38 °C)

2. Have you fill out Asia University Health Declaration Form to get your Personal Health Declaration Daily Pass?

[https ://pacific.asia.edu.tw/HealthDeclaration](https://pacific.asia.edu.tw/HealthDeclaration)

3. Have you obtained your Personal Health Declaration Daily Pass?

* In order to expedite the process, please present your Personal Health Declaration Daily Pass to the staff at the temperature inspection stop located at the entrance of each building.

* Please practice cough etiquette and hand hygiene to prevent from getting COVID.

Reminders

- All Taiwan citizens and international travelers returning from or transiting through China, Hong Kong, Macau, South Korea, or Italy in the past 14 days have to comply with quarantine rules enforced by Taiwan government. You are advised to read carefully before signing.
- ✕Taiwan Government Communicable Disease Control Act Article 62, “ Persons who are fully aware that they have been infected by Category 1, category 5 or multidrug-resistant tuberculosis of category 2 communicable diseases, but fail to comply with instructions by the competent authorities and have thus infected others shall be sentenced to imprisonment for up to three years, criminal detention, or a fine up to NT\$ 500,000.”
- ✕Taiwan Government Communicable Disease Control Act Article 48 and 67, Those who violate the home (self) isolation regulations and leave the house or take
- public transportation will be fined ranging from NT\$60,000 to NT\$300,000.

Q1: Have you had any of the following symptoms within the past 14 days? Check all that applies.

Note:

A. For those who had taken medications, you are required to check exhibited symptoms.

B. If you exhibit allergic symptoms 1 to 3 due to chronic rhinitis, you are required to check 5.

☐ 1. Fever (Forehead ≥ 37.5 °C; Ear ≥ 38 °C) *

☐ 2. Cough *

☐ 3. Respiratory problems *(e.g., shortness of breath, difficulty breathing)

☐ 4. Other Symptoms. Please specify: _____

☐ 5. Exhibited the above symptoms due to chronic rhinitis (nasal allergy)

☐ 6. None of the above symptoms.

- * If you have fever, cough or respiratory problems even with no travel history to China, Hong Kong, Macau or South Korea, or contact history of confirmed cases, you are forbidden from attending classes or work. You should take sick leave. You are strongly advised to have self-imposed quarantine and seek medical attention. Consult International College staff or Health Center on Campus. Call Taiwan CDC hotline 1922.

Q2: Within the past 14 days, have you been to, transited through, or flown from ? (Check all that applies.)

- ☐ 1.China
- ☐ 2.Hong Kong
- ☐ 3.Macau
- ☐ 4.South Korea

Effective from 2020/02/28, Italy was added to **HOME (RESIDENCE) QUARANTINE** list (Taiwan CDC).

- ☐ 5.Other countries. Scroll down. Please specify if not listed: _____

Date of entry to Taiwan

____/____/____ (YYYY/MM/DD)

- ☐ 6.Stayed in Taiwan within the past 14 days.

Q3: Within the past 14 days, have you or your families under **HOME (SELF) ISOLATION** or **HOME (RESIDENCE) QUARANTINE**?

- ☐ 1. No.
- ☐ 2. Yes. *

*You are forbidden from leaving the house/dormitory or the specified area and leaving the country or going abroad.

- 1. You have to fill out Asia University Health Declaration Form every day to get your Personal Health Declaration Daily Pass in order to enter any buildings on campus. The pass is only valid on the date when you have submitted on-line Asia University Health Declaration Form.
- 2. In order to expedite the process, please present your Personal Health Declaration Daily Pass to the staff at the temperature inspection stop located at the entrance of each building.
- 3. Please practice cough etiquette and hand hygiene to prevent from getting COVID.

Under 14-DAY HOME (SELF) ISOLATION

- You need to stay at home/dormitory or within the area specified by Taiwan health authority. You are forbidden from leaving the house/dormitory or the specified area and leaving the country or going abroad. You need to follow the all instructions listed on the form “Home (Self) isolation notice for contacts of 2019 Novel Coronavirus (2019-nCoV) confirmed cases” issued by Taiwan Health Officials. (ref: https://www.cdc.gov.tw/File/Get/e8FtfGab_MC8IbljBIL7gQ)

Under 14-DAY HOME (RESIDENCE) QUARANTINE

- You need to stay at home/dormitory or within the area specified by Taiwan health authority. You are forbidden from leaving the house/dormitory or the specified area and leaving the country or going abroad. You need to check temperature twice a day and submit your records on-line. You are strongly advised to seek medical attention whenever you have fever or respiratory problems. Consult International College staff or Health Center on Campus. Call Taiwan CDC hotline 1922.

Under 14-DAY “SELF-MANAGEMENT OF HEALTH

- You are strongly advised to avoid leaving the house/dormitory. You need to wear a surgical mask whenever leaving your house/dormitory. You need to check temperature twice a day and submit your records on-line. You are strongly advised to seek medical attention whenever you have fever or respiratory problems. Consult International College staff or Health Center on Campus. Call Taiwan CDC hotline 1922.

Reminders

- You can clean your hands with soap and water, or with an alcohol-based hand sanitizer. Avoid touching your eyes, nose and mouth.
- If you have any of the symptoms in the following 14 days, you are strongly advised to seek medical attention and provide true information about your travel histories and contact of any confirmed, probable or suspected 2019-nCoV cases in the past 14 days. Consult International College staff or Health Center on Campus. Call Taiwan CDC hotline 1922.
- Symptoms include fever (forehead $\geq 37.5^{\circ}\text{C}$ or Ear $\geq 38^{\circ}\text{C}$), cough, running nose, stuffy nose, respiratory problems (e.g., shortness of breath, difficulty breathing).



Although

英文版



**I want to see you,
you are currently under
household isolation/
quarantine**



Living together, I will maintain **a distance of 1 meter or more** from you, and reduce contact (example: eat separately, sleep in separate room).



Living together, I will **wear masks as much as possible**.



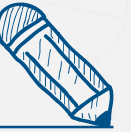
Living together, I will **wash my hands with soap regularly**, and wash my hands before touching my eyes/mouth/nose.



If I am **feeling discomforts**, I will **immediately notify** the contact person listed on the household isolation/quarantine report form, the local health bureau, or call the 1922 hotline and **seek medical attention as instructed**.



Coronavirus Disease (COVID-19)



★ Taiwan Centers for Disease Control :

https://www.cdc.gov.tw/En?fbclid=IwAR2qFFqYKbUVqDsMeuVz-P_ssDi9ARIB64UgTQdKq_Jp_8z_3LLJhgmbCDE



★ World Health Organization:

<https://www.who.int/emergencies/diseases/novel-coronavirus-2019?fbclid=IwAR1nAHllppVyW8LTT9pUxJUaB6339xxKS1em45ewugzPYbIR45m6ALBxy3k>



★ US Centers for Disease Control and Prevention :

https://www.cdc.gov/coronavirus/2019-ncov/index.html?fbclid=IwAR0dtzOXY18H3pWvYiHcBEaENaY_Duw33R7IpuCImN60n5oFsaSF1GNQWek





If you have recently visited Wuhan, and developed symptoms, you should...

1. Call the toll-free Communicable Disease Reporting and Consultation Hotline, 1922 (or 0800-001922), wear a mask and seek immediate medical attention.
2. Inform the doctor of your history of travel to Wuhan, history of contact and your symptoms when seeking medical attention.
3. Rest at home and minimize contact with others while sick.
4. Cover your nose and mouth with a tissue or your sleeve when coughing and sneezing.
5. Wear a face mask when experiencing respiratory tract symptoms.

衛生福利部疾病管制署 TAIWAN CDC
1922防疫專線
Taiwan CDC LINE@
Communicable Disease Reporting and Consultation Hotline 1922

COVID 19 CORONAVIRUS DISEASE STOP THE SPREAD OF GERMS

Help prevent the spread of respiratory diseases like COVID-19.



Avoid close contact with people who are sick.



Cover your cough or sneeze with a tissue, then throw the tissue in the trash.



Avoid touching your eyes, nose, and mouth.



Clean and disinfect frequently touched objects and surfaces.



Stay home when you are sick, except to get medical care.



Wash your hands often with soap and water for at least 20 seconds.

For more information: www.cdc.gov/COVID19

Follow Five Steps to Wash Your Hands the Right Way



Washing your hands is easy, and it's one of the most effective ways to prevent the spread of germs. Clean hands can stop germs from spreading from one person to another and throughout an entire community—from your home and workplace to childcare facilities and hospitals.

Follow these five steps every time.

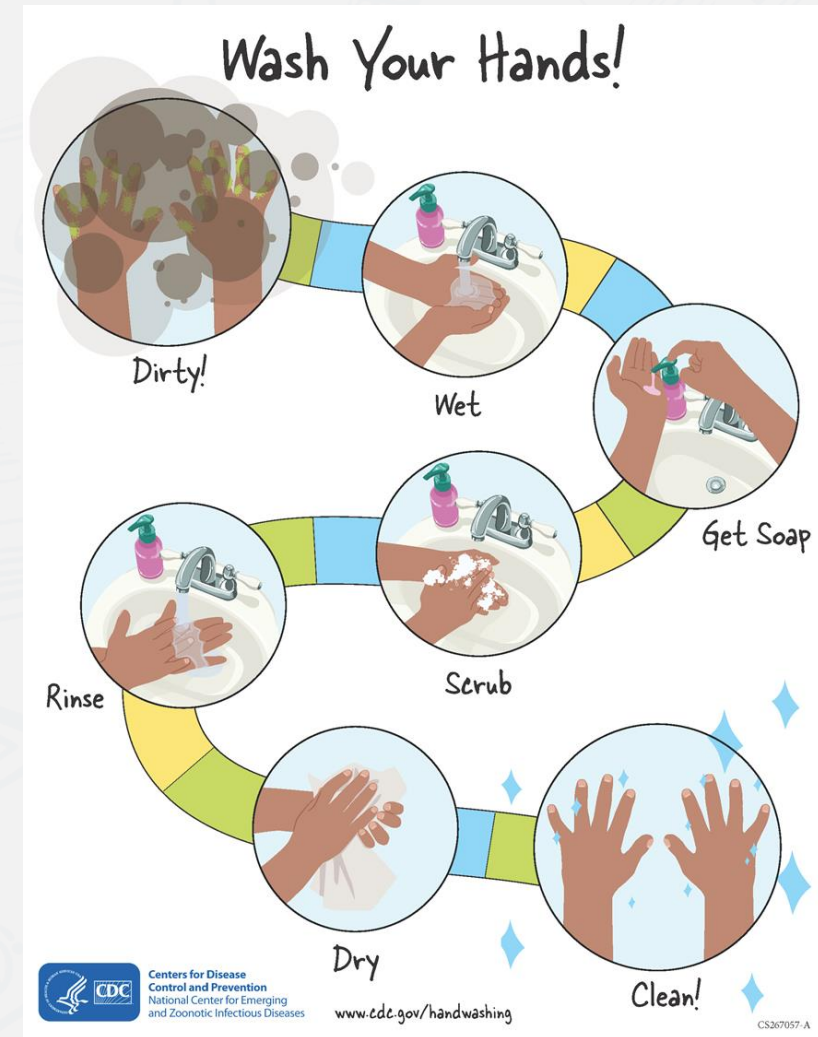
Wet your hands with clean, running water (warm or cold), turn off the tap, and apply soap.

Lather your hands by rubbing them together with the soap. Lather the backs of your hands, between your fingers, and under your nails.

Scrub your hands for at least 20 seconds. Need a timer? Hum the “Happy Birthday” song from beginning to end twice.

Rinse your hands well under clean, running water.

Dry your hands using a clean towel or air dry them.



<https://www.cdc.gov/handwashing/when-how-handwashing.html>



To ward off influenza infection

please practice cough etiquette and hand hygiene

1

Cover your nose and mouth with a tissue when you cough or sneeze. Dispose used tissues in the trash can after you use it.



2

Wear surgical masks when coughing or sneezing.



3

Wash your hands immediately after contact with respiratory secretions.



4

Try to maintain a distance of at least 1 meter from other people when coughing.



Hand Hygiene :

- ✓ Use traditional Chinese two-hand salutes in place of Western handshakes.
- ✓ Cover mouth and nose with a tissue or handkerchief when coughing or sneezing.
- ✓ Wash hands frequently with soap and water.
- ✓ Avoid touching mouth and nose.



TAIWAN CDC



www.cdc.gov.tw



www.facebook.com/TWCDC



Taiwan CDC LINE® Toll-free consultation hotline : 1922 AD



防疫是為守護大家健康，雖然要戒慎小心，但也無須過度恐慌，更不應將他人貼上標籤，應給予彼此多點關心和同理，因為病毒才是我們共通的敵人！

Epidemic prevention is to protect our health. Although we should be cautious and careful, we shouldn't panic excessively, nor should we label others. Instead, we should pay more attention and be more empathic to each other, because the virus is the enemy we have in common!



Thanks!